

Cooking Ingredients and Meals in Canada

November 2023

Table of Contents

EXECUTIVE SUMMARY

Cooking ingredients and meals in 2023: The big picture

Key trends in 2023

Competitive landscape

Channel developments

What next for cooking ingredients and meals?

MARKET DATA

Table 1 - Sales of Cooking Ingredients and Meals by Category: Volume 2018-2023

Table 2 - Sales of Cooking Ingredients and Meals by Category: Value 2018-2023

Table 3 - Sales of Cooking Ingredients and Meals by Category: % Volume Growth 2018-2023

Table 4 - Sales of Cooking Ingredients and Meals by Category: % Value Growth 2018-2023

Table 5 - NBO Company Shares of Cooking Ingredients and Meals: % Value 2019-2023

Table 6 - LBN Brand Shares of Cooking Ingredients and Meals: % Value 2020-2023

Table 7 - Penetration of Private Label by Category: % Value 2018-2023

Table 8 - Distribution of Cooking Ingredients and Meals by Format: % Value 2018-2023

Table 9 - Forecast Sales of Cooking Ingredients and Meals by Category: Volume 2023-2028

Table 10 - Forecast Sales of Cooking Ingredients and Meals by Category: Value 2023-2028

Table 11 - Forecast Sales of Cooking Ingredients and Meals by Category: % Volume Growth 2023-2028

Table 12 - Forecast Sales of Cooking Ingredients and Meals by Category: % Value Growth 2023-2028

DISCLAIMER

SOURCES

Summary 1 - Research Sources

[Edible Oils in Canada](#)

KEY DATA FINDINGS

2023 DEVELOPMENTS

Edible oil prices on the rise

Consumer shift towards healthier oils

Shifting retail trends

PROSPECTS AND OPPORTUNITIES

Slowdown in edible oil sales expected

Recovery in foodservice volumes

Competition from healthier fats

CATEGORY DATA

Table 13 - Sales of Edible Oils by Category: Volume 2018-2023

Table 14 - Sales of Edible Oils by Category: Value 2018-2023

Table 15 - Sales of Edible Oils by Category: % Volume Growth 2018-2023

Table 16 - Sales of Edible Oils by Category: % Value Growth 2018-2023

Table 17 - NBO Company Shares of Edible Oils: % Value 2019-2023

Table 18 - LBN Brand Shares of Edible Oils: % Value 2020-2023

Table 19 - Distribution of Edible Oils by Format: % Value 2018-2023

Table 20 - Forecast Sales of Edible Oils by Category: Volume 2023-2028

Table 21 - Forecast Sales of Edible Oils by Category: Value 2023-2028

Table 22 - Forecast Sales of Edible Oils by Category: % Volume Growth 2023-2028

Table 23 - Forecast Sales of Edible Oils by Category: % Value Growth 2023-2028

Meals and Soups in Canada

KEY DATA FINDINGS

2023 DEVELOPMENTS

Growing interest in culturally-inspired food fuels new product development
Robust growth in food kits driven by meal kits
Exit of Nestlé SA's Delissio from the country

PROSPECTS AND OPPORTUNITIES

Anticipated growth in retail volume and value terms for meals and soups
Sustained strong performance of meal kits in Canada
Influence of health-conscious consumers on meals and soups

CATEGORY DATA

Table 24 - Sales of Meals and Soups by Category: Volume 2018-2023
Table 25 - Sales of Meals and Soups by Category: Value 2018-2023
Table 26 - Sales of Meals and Soups by Category: % Volume Growth 2018-2023
Table 27 - Sales of Meals and Soups by Category: % Value Growth 2018-2023
Table 28 - Sales of Chilled Ready Meals by Ethnicity: % Value 2018-2023
Table 29 - Sales of Frozen Ready Meals by Ethnicity: % Value 2018-2023
Table 30 - Sales of Soup by Leading Flavours: Rankings 2018-2023
Table 31 - NBO Company Shares of Meals and Soups: % Value 2019-2023
Table 32 - LBN Brand Shares of Meals and Soups: % Value 2020-2023
Table 33 - Distribution of Meals and Soups by Format: % Value 2018-2023
Table 34 - Forecast Sales of Meals and Soups by Category: Volume 2023-2028
Table 35 - Forecast Sales of Meals and Soups by Category: Value 2023-2028
Table 36 - Forecast Sales of Meals and Soups by Category: % Volume Growth 2023-2028
Table 37 - Forecast Sales of Meals and Soups by Category: % Value Growth 2023-2028

Sauces, Dips and Condiments in Canada

KEY DATA FINDINGS

2023 DEVELOPMENTS

Robust value growth in sauces, dips, and condiments driven by aggressive new product development efforts
Growing diversity sparks ethnically inspired product development
Consumer budget constraints amidst high food inflation

PROSPECTS AND OPPORTUNITIES

Anticipating stronger growth in sauces, dressing, and condiments
Health-conscious choices paving the way for new product development
Continued emphasis on social media for consumer engagement

CATEGORY DATA

Table 38 - Sales of Sauces, Dips and Condiments by Category: Volume 2018-2023
Table 39 - Sales of Sauces, Dips and Condiments by Category: Value 2018-2023
Table 40 - Sales of Sauces, Dips and Condiments by Category: % Volume Growth 2018-2023
Table 41 - Sales of Sauces, Dips and Condiments by Category: % Value Growth 2018-2023
Table 42 - Sales of Liquid Recipe Sauces by Type: % Value 2018-2023
Table 43 - Sales of Other Sauces and Condiments by Type: Rankings 2018-2023
Table 44 - NBO Company Shares of Sauces, Dips and Condiments: % Value 2019-2023
Table 45 - LBN Brand Shares of Sauces, Dips and Condiments: % Value 2020-2023
Table 46 - Distribution of Sauces, Dips and Condiments by Format: % Value 2018-2023

Table 47 - Forecast Sales of Sauces, Dips and Condiments by Category: Volume 2023-2028

Table 48 - Forecast Sales of Sauces, Dips and Condiments by Category: Value 2023-2028

Table 49 - Forecast Sales of Sauces, Dips and Condiments by Category: % Volume Growth 2023-2028

Table 50 - Forecast Sales of Sauces, Dips and Condiments by Category: % Value Growth 2023-2028

Sweet Spreads in Canada

KEY DATA FINDINGS

2023 DEVELOPMENTS

Healthier sweet spreads on the rise amid growing demand for 'better for you' products

Local honey production decline spurs imports due to colony losses

Kraft Heinz's innovative « Welcome Home » campaign in celebration of Canada's newcomers

PROSPECTS AND OPPORTUNITIES

Challenges ahead for sweet spreads: Weaker growth forecast amidst health-conscious trends

Honey: The beacon of growth in sweet spreads, driven by therapeutic appeal

Foodservice sector to revive sweet spreads: Healthy volume growth forecast

CATEGORY DATA

Table 51 - Sales of Sweet Spreads by Category: Volume 2018-2023

Table 52 - Sales of Sweet Spreads by Category: Value 2018-2023

Table 53 - Sales of Sweet Spreads by Category: % Volume Growth 2018-2023

Table 54 - Sales of Sweet Spreads by Category: % Value Growth 2018-2023

Table 55 - Sales of Jams and Preserves by Leading Flavours: Rankings 2018-2023

Table 56 - NBO Company Shares of Sweet Spreads: % Value 2019-2023

Table 57 - LBN Brand Shares of Sweet Spreads: % Value 2020-2023

Table 58 - Distribution of Sweet Spreads by Format: % Value 2018-2023

Table 59 - Forecast Sales of Sweet Spreads by Category: Volume 2023-2028

Table 60 - Forecast Sales of Sweet Spreads by Category: Value 2023-2028

Table 61 - Forecast Sales of Sweet Spreads by Category: % Volume Growth 2023-2028

Table 62 - Forecast Sales of Sweet Spreads by Category: % Value Growth 2023-2028

About Euromonitor International

Euromonitor International is an independent market intelligence provider. Data, insight and analysis stem from in-the-field research spanning 210 national markets.

Content ranges from the in-depth and country-specific, to key strategic themes with a global range and significance. Products cover a comprehensive range of insights and market data, but can be broadly categorised as:

- **Strategy Briefings:** Global or regional in scope, and focussing on the most important themes shaping consumer demand, the key markets, competitive environment and future outlook across a range of industries.
- **Company Profiles:** Analysis dedicated to the world's most significant companies, with detailed insight into their activities, focus of operations, their competitors, their geographic presence and performance.
- **Country Reports:** For an in-depth understanding of specific countries, whether by industry, economic metrics or consumer trends and lifestyles. These reports cover current trends, consumer demand, market potential and future prospects, with country-specific local insight and comprehensive data, unavailable elsewhere.

For more information on this report, further enquiries can be directed via this link www.euromonitor.com/cooking-ingredients-and-meals-in-canada/report.