

Sports Drinks in South Africa

November 2023

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Sports Drinks in South Africa - Category analysis

KEY DATA FINDINGS

2023 DEVELOPMENTS

Energade's attractive price points due to lower sugar levels compared to competitors New entrant PRIME Hydration draws interest in sports drinks Brands drive interest by presenting unique selling points to diversify their offerings

PROSPECTS AND OPPORTUNITIES

Heritage brands likely to experience greater competition over forecast period Upcoming regulations may push brands to alter product offerings Sports drinks competitors will take different avenues in promoting their brands, while regulations will guide sugar content

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