

# Consumer Lifestyles in Italy

June 2024

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## CONSUMER LANDSCAPE

Consumer landscape in Italy 2024

#### PERSONAL TRAITS AND VALUES

Personal traits and values Italian consumers on the lookout for a more simplified lifes tyle Gen Z mainly prioritise time for themselves Italians are comfortable expressing their identity with family and friends Italian consumers love exploring and finding new offerings Older generations less secure about their financial security in the future Personal traits and values survey highlights

#### HOME LIFE AND LEISURE TIME

Home life and leisure time Cleaning and chores tops the list of Italy's home activities Millennials visit social media sites most regularly Older generations vastly prefer more energy-efficient homes Baby boomers and millennials more likely to prefer urban living Italians list value for money as their most desired travel feature Home life and leisure time survey highlights

### EATING AND DIETARY HABITS

Eating and dietary habits Italian consumers look for healthy ingredients in food and beverages Younger generations have less time to cook, noting it as the biggest barrier to home cooking Consumers in Italy prefer to cook and prepare their own food Gen Z most likely to claim to be vegetarian or vegan Locally-sourced food tops baby boomers' list of willingness to pay a premium Eating and dietary habits survey highlights

#### WORKING LIFE

Working life Millennials more concerned about their employer's stance on social issues than others Italians find working close to home more desirable than working from home Millennials and Gen X place most importance on job security Consumers in Italy expect to have flexible work hours, particularly Gen X Working life survey highlights

#### HEALTH AND WELLNESS

Health and wellness Italians mainly enjoy a weekly walk or hike for exercise Meditation is the go-to stress relief for all but baby boomers , who seek herbal remedies Italians are most influenced by products that claim to be all natural Younger generations most likely to own fitness wearables Health and wellness survey highlights

#### SHOPPING AND SPENDING

Shopping and spending Italian consumers always on the lookout for the best price promotions Millennials least likely to enjoy window-shopping Baby boomers pick their travel destinations based on the quality of shopping available Older generations more likely to fix, not replace, broken items Baby boomers most committed to purchases of sustainable goods Millennials most regularly leave reviews Millennials most likely to benefit from the use of tech to enhance their shopping experience Italians expect to increase spending on health and wellness the most Gen X most concerned about their financial situation Shopping and spending survey highlights

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